

THIS WEEK

10/26/26



What's Happening



Food by FLIK

M

Tandoori Chicken FIT / Naan Bread
Jasmine Rice **FIT**/ Curry Chickpeas and Cauliflower

Deli

Buffalo Crispy Chicken, Ranch
Avocado, Bacon Wrap

Grill

Mudroom Swiss Burger, Lettuce,
Tomato, Garlic Dip Brioche Bun

Salad

Garbanzo and Black Bean Salad, Herbs,
Sun Dried Tomatoes **FIT**

Soup

Chicken Vegetable Rice Soup **FIT**

T

Teriyaki Pepper Steak

Seasoned French Fries / Steamed Basmati Rice
Braised Baby Bok Choy **FIT**

Deli

Roast Beef, Frizzel Onions, Avocado,
Chipotle Mayo Jack Cheese Wrap

Grill

Diced Grill Chicken, Veggies,
Sweet Street Corn Quesadilla

Salad

Roasted Beet, Quinoa Salad, Avocado,
Pepitas, Beet Ginger Vinaigrette **FIT**

Soup

Spicy Black Beans **FIT**

W

Pop Corn Chicken Macaroni and Cheese Bowl
Roasted Garlic Broccoli **FIT** / Hot Honey Buffalo Sauce
Garlic Bread

Deli

Soy Garlic, Chicken, Lettuce, Tomato,
Jack Cheese Baguette

Grill

Cuban Sandwich, Ham, Swiss,
Pickles, Spicy Mustard, Ciabatta Bread

Pizza

Chicken Parmigiana Pizza

Soup

Chicken Noodle soup **FIT**

Th

Korean Garlic Roast Salmon,, Spicy Sriracha Mayo
Roasted Potatoes **FIT** / Maple Butternut Squash

Deli

Smoked Turkey, Bacon, Avocado, Lettuce,
Tomato Sriracha Mayo, Baguette

Grill

Philly Cheese Steak Potato Bowl

Salad

Spinach Strawberry Salad, Balsamic
Vinaigrette **FIT**

Soup

Manhattan Clam Chowder

F

Available In Café Deli, Grill, Pizza,